

What I Learned

I learned from my mother that women are strong
that life can be difficult but we go on
she taught to be soft on those finding life hard
to help protect those who've already been scarred

to work when I need to but otherwise play
that night time's for dreaming but so is the day
to be gentle with those who are tough on themselves
to share out my love but save some for myself

to only apologise when I am wrong
to know there is always a place I belong
to trust in my future and treasure my past
to smash it each time that the ceiling is glass

to find the lessons in relationships lost
because some things in life are not worth what they cost
but what she taught most about life and of worth
is that it is only the best I deserve

and maybe your mother has taught you the same
but if she has not well, then I'm here today
to say that you too deserve only the best
to live out the life that exists in your head

to find your own strength and to dream and stand tall
to trust you might fly when you think you could fall
so never stop dreaming and never give up
and trust me on this; you are worthy of love

