

Rubble

When life is throwing bricks
And when it's firing its shots
When every day feels like a war
You've well and truly lost

When you have no idea why life's
Determined to attack
And leave you in the ruins
With no obvious way back

Then gather all your strength
And all the rubble at your feet
And build yourself a place
Of rest, resilience and retreat

Build the strongest battlements
Construct the thickest walls
Build the safest keep
And stack the towers extra tall

And you will have a castle
With its turrets and its columns
That you'll have built against the odds
When life had hit rock bottom

Your castle will remind you
That you're tougher than you know
And it will help you realise
That no matter what life throws

You will always have the power
And you'll always find the strength
To use the things it's throwing
To build yourself back up again

