

I Hope You Know

To my children...

I hope you know that when I say "I'm proud of you",
I don't mean because of the grades you might get or the awards you
might win. I hope you know that I am proud of your motivation, your
determination and your commitment.

I hope you know that when I say "you're beautiful",
I don't mean because of the way you look and dress and style your
hair. I hope you know that your beauty lies in your spirit, your self-
expression and your compassion.

I hope you know that when I say "you're growing so fast",
I don't lament it. I hope you know that, whilst you used to run into
my arms, the hugs where you now stand shoulder to shoulder with
me are just as wonderful.

I hope you know that when I say "I love you", I don't say it out of
habit. I say it because you filled spaces in my heart that I hadn't even
realised existed; and at the same time you opened it up to feelings I
could never have imagined.

But more than anything, I hope you know that no matter how much
you grow and no matter how much you achieve,
if you ever need me
you can run to me,
you can rest your head on my shoulder

And I will love you.

Always x

