

# Look For Them

There are some people in this world who are like  
beacons for your lost soul  
sunshine for your dark days  
and bandages for your deepest wounds.

Look for them.

Find the people who pour light into the shadows they  
didn't create.

The people who help heal the parts of you they didn't  
break  
and who shelter you from storms they didn't summon.

Look for them.

Because there are people in your world who will do all of  
this. Quietly. Unassumingly. Sometimes without even  
realising.

Look for them. Find them. Let them.  
And then do the same for them.

Because these  
are your people.



Becky  
Hemsley